

**TERM 1 MENU STARTING 3rd September 2018**  
**PLEASE CIRCLE THE OPTIONS & RETURN BY**  
**MONDAY 16th July 2018**

Price £2.10  
per meal

NAME : \_\_\_\_\_ Class : \_\_\_\_\_

WEEK 1 w/c 3rd September	Monday	Tuesday	Wednesday	Thursday	Friday
DISH OF THE DAY		Spaghetti Bolognese	Jacket Potato <input type="checkbox"/> Jacket out of the skin <input type="checkbox"/>	Roast Turkey, roast potatoes & gravy	Cod fish fingers & waffles
VEGETARIAN OPTION		Veggie spaghetti bolognese	Cheese & beans <input type="checkbox"/> Tuna mayo <input type="checkbox"/>	Veggie chicken portion	
VEGETABLES		Mixed Veg	Salad	3 veg options	Beans & spaghetti
DESSERT OF THE DAY		Chocolate Cake	Flapjack	Cake & custard	Fruit Crunchies
ALTERNATIVE DESSERT		Yoghurt or Fruit	Yoghurt or Fruit	Yoghurt or Fruit	Yoghurt or Fruit

WEEK 2 w/c 10th Sept	Monday	Tuesday	Wednesday	Thursday	Friday
DISH OF THE DAY	Chicken Curry with rice <input type="checkbox"/> Sweet & Sour with rice <input type="checkbox"/>	Roast Beef, roast potatoes & gravy	Jacket Potato <input type="checkbox"/> Jacket out of the skin <input type="checkbox"/>	Roast Pork, roast potatoes & gravy	Turkey Burger with waffles
VEGETARIAN OPTION	Veggie Chicken curry <input type="checkbox"/> Veggie Sweet & sour <input type="checkbox"/>	Veggie burger	Cheese & beans <input type="checkbox"/> Tuna mayo <input type="checkbox"/>	Veggie meatballs	Veggie chicken burger
VEGETABLES	Mixed vegetables	3 veg options	Salad	3 veg options	Baked Beans & spaghetti
DESSERT OF THE DAY	Chocolate Crispies	Peaches & cream	Fruit crumble & custard	Doughnuts	Fruit & Ice-cream
ALTERNATIVE DESSERT	Yoghurt or Fruit	Yoghurt or Fruit	Yoghurt or Fruit	Yoghurt or Fruit	Yoghurt or Fruit

WEEK 3 w/c 17th Sept	Monday	Tuesday	Wednesday	Thursday	Friday
DISH OF THE DAY	Ham pasta in tomato & herb sauce	Roast lamb, roast potatoes & gravy	Jacket Potato <input type="checkbox"/> Jacket out of the skin <input type="checkbox"/>	Roast Turkey with roast potatoes & gravy	Cod Fish cakes <input type="checkbox"/> Salmon Fish cakes with waffles <input type="checkbox"/>
VEGETARIAN OPTION	Veggie ham pasta in tomato & herb sauce	Veggie sausage	Cheese & beans <input type="checkbox"/> Tuna mayo <input type="checkbox"/>	Veggie chicken portion	
VEGETABLES	Sweetcorn and / or peas	3 veg options	Salad	3 veg options	Baked Beans & spaghetti
DESSERT OF THE DAY	Rocky road	Fruit & Ice Cream	Flapjack	Cinnamon orange cake	Angel Delight & Peaches
ALTERNATIVE DESSERT	Yoghurt or Fruit	Yoghurt or Fruit	Yoghurt or Fruit	Yoghurt or Fruit	Yoghurt or Fruit

WEEK 4 w/c 24th Sept	Monday	Tuesday	Wednesday	Thursday	Friday
DISH OF THE DAY	Chicken Casserole with rice	Roast Beef, roast potatoes & gravy	Jacket Potato <input type="checkbox"/> Jacket out of the skin <input type="checkbox"/>	Roast Pork with roast potatoes & gravy	Sausage with mash
VEGETARIAN OPTION	Veggie Chicken Casserole with Rice	Veggie burger	Cheese & beans <input type="checkbox"/> Tuna mayo <input type="checkbox"/>	Veggie meatballs	Veggie Sausage with mash
VEGETABLES	Mixed vegetables	3 veg options	Salad	3 veg options	Baked Beans & spaghetti
DESSERT OF THE DAY	Fruit & Ice-cream	Chocolate brownies	Fruity flapjack	Peach crumble & cream	Apple Muffins
ALTERNATIVE DESSERT	Yoghurt or Fruit	Yoghurt or Fruit	Yoghurt or Fruit	Yoghurt or Fruit	Yoghurt or Fruit

WEEK 5 w/c 1st October	Monday	Tuesday	Wednesday	Thursday	Friday
DISH OF THE DAY	Spaghetti Bolognese	Roast Lamb, roast potatoes & gravy	Jacket Potato <input type="checkbox"/> Jacket out of the skin <input type="checkbox"/>	Roast Turkey, roast potatoes & gravy	Cod fish fingers & waffles
VEGETARIAN OPTION	Veggie spaghetti bolognese	Vegetarian sausage	Cheese & beans <input type="checkbox"/> Tuna mayo <input type="checkbox"/>	Veggie chicken portion	
VEGETABLES	Mixed Veg	3 veg options	Salad	3 veg options	Beans & spaghetti
DESSERT OF THE DAY	Chocolate Cake	Fruit and ice-cream	Flapjack	Cake & custard	Fruit Crunchies
ALTERNATIVE DESSERT	Yoghurt or Fruit	Yoghurt or Fruit	Yoghurt or Fruit	Yoghurt or Fruit	Yoghurt or Fruit

WEEK 6 w/c 8th October	Monday	Tuesday	Wednesday	Thursday	Friday
DISH OF THE DAY	Chicken Curry with rice <input type="checkbox"/> Sweet & Sour with rice <input type="checkbox"/>	Roast Beef, roast potatoes & gravy	Jacket Potato <input type="checkbox"/> Jacket out of the skin <input type="checkbox"/>	Roast Pork, roast potatoes & gravy	Turkey Burger with waffles
VEGETARIAN OPTION	Veggie Chicken curry <input type="checkbox"/> Veggie Sweet & sour <input type="checkbox"/>	Veggie burger	Cheese & beans <input type="checkbox"/> Tuna mayo <input type="checkbox"/>	Veggie meatballs	Veggie chicken burger
VEGETABLES	Mixed vegetables	3 veg options	Salad	3 veg options	Baked Beans & spaghetti
DESSERT OF THE DAY	Chocolate Crispies	Peaches & cream	Fruit crumble & custard	Doughnuts	Fruit & Ice-cream
ALTERNATIVE DESSERT	Yoghurt or Fruit	Yoghurt or Fruit	Yoghurt or Fruit	Yoghurt or Fruit	Yoghurt or Fruit

WEEK 7 w/c 15th October	Monday	Tuesday	Wednesday	Thursday	Friday
DISH OF THE DAY	Ham pasta in tomato & herb sauce	Roast lamb, roast potatoes & gravy	Jacket Potato <input type="checkbox"/> Jacket out of the skin <input type="checkbox"/>	Roast Turkey with roast potatoes & gravy	Cod Fish cakes <input type="checkbox"/> Salmon Fish cakes with waffles <input type="checkbox"/>
VEGETARIAN OPTION	Veggie ham pasta in tomato & herb sauce	Veggie sausage	Cheese & beans <input type="checkbox"/> Tuna mayo <input type="checkbox"/>	Veggie chicken portion	
VEGETABLES	Sweetcorn and / or peas	3 veg options	Salad	3 veg options	Baked Beans & spaghetti
DESSERT OF THE DAY	Rocky roads	Fruit & Ice Cream	Flapjack	Cinnamon orange cake	Angel Delight & Peaches
ALTERNATIVE DESSERT	Yoghurt or Fruit	Yoghurt or Fruit	Yoghurt or Fruit	Yoghurt or Fruit	Yoghurt or Fruit

WEEK 8 w/c 22nd October	Monday	Tuesday	Wednesday	<h1>HALF TERM</h1>
DISH OF THE DAY	Chicken Casserole with rice	Roast Beef, roast potatoes & gravy	Jacket Potato <input type="checkbox"/> Jacket out of the skin <input type="checkbox"/>	
VEGETARIAN OPTION	Veggie Chicken Casserole with Rice	Veggie burger	Cheese & beans <input type="checkbox"/> Tuna mayo <input type="checkbox"/>	
VEGETABLES	Mixed vegetables	3 veg options	Salad	
DESSERT OF THE DAY	Fruit & Ice-cream	Chocolate brownies	Fruity Flapjack	
ALTERNATIVE DESSERT	Yoghurt or Fruit	Yoghurt or Fruit	Yoghurt or Fruit	