

TERM 3 MENU STARTING 7th January 2019
PLEASE CIRCLE THE OPTIONS & RETURN BY
MONDAY 17th December 2018

Price £2.10
per meal

NAME : _____ Class : _____

WEEK 1 w/c 7th January	Monday	Tuesday	Wednesday	Thursday	Friday
DISH OF THE DAY	Spaghetti Bolognese	Roast lamb, roast potatoes & gravy	Jacket Potato <input type="checkbox"/> Jacket out of the skin <input type="checkbox"/>	Roast Turkey, roast potatoes & gravy	Cod fish fingers & waffles
VEGETARIAN OPTION	Veggie Spaghetti Bolognese	Veggie chicken portion	Cheese & beans <input type="checkbox"/> Tuna mayo <input type="checkbox"/>	Veggie sausage	
VEGETABLES	Mixed veg	3 veg options	Salad	3 veg options	Beans & spaghetti
DESSERT OF THE DAY	Fruit & Ice-cream	Chocolate Cake	Fruit Crunchies	Cake & Custard	Flapjack
ALTERNATIVE DESSERT	Yoghurt or Fruit	Yoghurt or Fruit	Yoghurt or Fruit	Yoghurt or Fruit	Yoghurt or Fruit

WEEK 2 w/c 14th January	Monday	Tuesday	Wednesday	Thursday	Friday
DISH OF THE DAY	Chicken Curry with rice <input type="checkbox"/> Sweet & Sour with rice <input type="checkbox"/>	Roast Beef, roast potatoes & gravy	Jacket Potato <input type="checkbox"/> Jacket out of the skin <input type="checkbox"/>	Roast Pork, roast potatoes & gravy	Turkey Burger with waffles
VEGETARIAN OPTION	Veggie Chicken curry <input type="checkbox"/> Veggie Sweet & sour <input type="checkbox"/>	Veggie burger	Cheese & beans <input type="checkbox"/> Tuna mayo <input type="checkbox"/>	Veggie meatballs	Veggie chicken burger
VEGETABLES	Mixed vegetables	3 veg options	Salad	3 veg options	Baked Beans & spaghetti
DESSERT OF THE DAY	Chocolate Crispies	Peaches & cream	Fruit Crumble & Custard	Doughnuts	Fruit & Ice-cream
ALTERNATIVE DESSERT	Yoghurt or Fruit	Yoghurt or Fruit	Yoghurt or Fruit	Yoghurt or Fruit	Yoghurt or Fruit

WEEK 3 w/c 21st January	Monday	Tuesday	Wednesday	Thursday	Friday
DISH OF THE DAY	Ham pasta in tomato & herb sauce	Roast lamb, roast potatoes & gravy	Jacket Potato <input type="checkbox"/> Jacket out of the skin <input type="checkbox"/>	Roast Turkey with roast potatoes & gravy	Cod Fish cakes <input type="checkbox"/> Salmon Fish cakes with waffles <input type="checkbox"/>
VEGETARIAN OPTION	Veggie ham pasta in tomato & herb sauce	Veggie sausage	Cheese & beans <input type="checkbox"/> Tuna mayo <input type="checkbox"/>	Veggie chicken portion	
VEGETABLES	Sweetcorn and / or peas	3 veg options	Salad	3 veg options	Baked Beans & spaghetti
DESSERT OF THE DAY	Rocky road	Fruit & Ice Cream	Flapjack	Cinnamon orange cake	Angel Delight & Peaches
ALTERNATIVE DESSERT	Yoghurt or Fruit	Yoghurt or Fruit	Yoghurt or Fruit	Yoghurt or Fruit	Yoghurt or Fruit

WEEK 4 w/c 28th January	Monday	Tuesday	Wednesday	Thursday	Friday
DISH OF THE DAY	Chicken Casserole with rice	Roast Beef, roast potatoes & gravy	Jacket Potato <input type="checkbox"/> Jacket out of the skin <input type="checkbox"/>	Roast Pork with roast potatoes & gravy	Sausage with waffles
VEGETARIAN OPTION	Veggie Chicken Casserole with Rice	Veggie burger	Cheese & beans <input type="checkbox"/> Tuna mayo <input type="checkbox"/>	Veggie meatballs	Veggie Sausage with mash
VEGETABLES	Mixed vegetables	3 veg options	Salad	3 veg options	Baked Beans & spaghetti
DESSERT OF THE DAY	Fruit & Ice-cream	Chocolate brownies	Fruity flapjack	Peach crumble & cream	Apple Muffins
ALTERNATIVE DESSERT	Yoghurt or Fruit	Yoghurt or Fruit	Yoghurt or Fruit	Yoghurt or Fruit	Yoghurt or Fruit

WEEK 5 w/c 4th February	Monday	Tuesday	Wednesday	Thursday	Friday
DISH OF THE DAY	Spaghetti Bolognese	Roast Lamb, roast potatoes & gravy	Jacket Potato <input type="checkbox"/> Jacket out of the skin <input type="checkbox"/>	Roast Turkey, roast potatoes & gravy	Cod fish fingers & waffles
VEGETARIAN OPTION	Veggie spaghetti bolognese	Vegetarian sausage	Cheese & beans <input type="checkbox"/> Tuna mayo <input type="checkbox"/>	Veggie chicken portion	
VEGETABLES	Mixed Veg	3 veg options	Salad	3 veg options	Beans & spaghetti
DESSERT OF THE DAY	Chocolate Cake	Fruit and ice-cream	Flapjack	Cake & custard	Fruit Crunchies
ALTERNATIVE DESSERT	Yoghurt or Fruit	Yoghurt or Fruit	Yoghurt or Fruit	Yoghurt or Fruit	Yoghurt or Fruit

WEEK 6 w/c 11th February	Monday	Tuesday	Wednesday	Thursday	Friday
DISH OF THE DAY	Chicken Curry with rice <input type="checkbox"/> Sweet & Sour with rice <input type="checkbox"/>	Roast Beef, roast potatoes & gravy	Jacket Potato <input type="checkbox"/> Jacket out of the skin <input type="checkbox"/>	Roast Pork, roast potatoes & gravy	Turkey Burger with waffles
VEGETARIAN OPTION	Veggie Chicken curry <input type="checkbox"/> Veggie Sweet & sour <input type="checkbox"/>	Veggie burger	Cheese & beans <input type="checkbox"/> Tuna mayo <input type="checkbox"/>	Veggie meatballs	Veggie chicken burger
VEGETABLES	Mixed vegetables	3 veg options	Salad	3 veg options	Baked Beans & spaghetti
DESSERT OF THE DAY	Chocolate Crispies	Peaches & cream	Fruit crumble & custard	Doughnuts	Fruit & Ice-cream
ALTERNATIVE DESSERT	Yoghurt or Fruit	Yoghurt or Fruit	Yoghurt or Fruit	Yoghurt or Fruit	Yoghurt or Fruit

