

TERM 3 MENU STARTING 4th January 2018
PLEASE CIRCLE THE OPTIONS & RETURN BY
FRIDAY 15th December 2018

Price £2.10
per meal

NAME : _____ Class : _____

WEEK 1 w/c 1st January 18				Thursday	Friday
DISH OF THE DAY				Spaghetti Bolognese	Cod fish fingers & chips
VEGETARIAN OPTION				Veggie spaghetti bolognese	
VEGETABLES				Sweetcorn & peas	Beans & spaghetti
DESSERT OF THE DAY				Eton Mess	Choco Crispies
ALTERNATIVE DESSERT				Yoghurt or Fruit	Yoghurt or Fruit

WEEK 2 w/c 8th January 18	Monday	Tuesday	Wednesday	Thursday	Friday
DISH OF THE DAY	Chicken Curry with rice <input type="checkbox"/> Sweet & Sour with rice <input type="checkbox"/>	Roast Beef, roast potatoes & gravy	Jacket Potato <input type="checkbox"/> Jacket out of the skin <input type="checkbox"/>	Roast Pork, roast potatoes & gravy	Turkey Burger with chips
VEGETARIAN OPTION	Veggie Chicken curry <input type="checkbox"/> Veggie Sweet & sour <input type="checkbox"/>	Veggie burger	Cheese & beans <input type="checkbox"/> Tuna mayo <input type="checkbox"/>	Veggie meatballs	Veggie chicken burger
VEGETABLES	Mixed vegetables	3 veg options	Salad	3 veg options	Baked Beans & spaghetti
DESSERT OF THE DAY	Fruit Crunchies	Chocolate Cake	Fruit crumble & custard	Doughnuts	Fruit & Ice-cream
ALTERNATIVE DESSERT	Yoghurt or Fruit	Yoghurt or Fruit	Yoghurt or Fruit	Yoghurt or Fruit	Yoghurt or Fruit

WEEK 3 w/c 15th January 18	Monday	Tuesday	Wednesday	Thursday	Friday
DISH OF THE DAY	Ham pasta in tomato & herb sauce	Roast lamb, roast potatoes & gravy	Jacket Potato <input type="checkbox"/> Jacket out of the skin <input type="checkbox"/>	Roast Turkey with roast potatoes & gravy	Cod Fish cakes <input type="checkbox"/> Salmon Fish cakes with chips <input type="checkbox"/>
VEGETARIAN OPTION	Tuna pasta in tomato & herb sauce	Veggie sausage	Cheese & beans <input type="checkbox"/> Tuna mayo <input type="checkbox"/>	Veggie chicken portion	
VEGETABLES	Sweetcorn and / or peas	3 veg options	Salad	3 veg options	Baked Beans & spaghetti
DESSERT OF THE DAY	Angel Delight & Peaches	Flapjack	Fruit & Ice-cream	Cinnamon orange cake	Rocky Road
ALTERNATIVE DESSERT	Yoghurt or Fruit	Yoghurt or Fruit	Yoghurt or Fruit	Yoghurt or Fruit	Yoghurt or Fruit

WEEK 4 w/c 22nd January 18	Monday	Tuesday	Wednesday	Thursday	Friday
DISH OF THE DAY	Chicken casserole & rice	Roast Beef with roast potatoes & gravy	Jacket Potato <input type="checkbox"/> Jacket out of the skin <input type="checkbox"/>	Roast Pork with roast potatoes & gravy	Sausage with chips
VEGETARIAN OPTION	Vegetarian chicken casserole & rice	Veggie burger	Cheese & beans <input type="checkbox"/> Tuna mayo <input type="checkbox"/>	Veggie meatballs	Veggie Sausage with chips
VEGETABLES	Sweetcorn and / or peas	3 veg options	Salad	3 veg options	Baked Beans & spaghetti
DESSERT OF THE DAY	Ice cream & fruit	Chocolate Brownies	Fruity flapjack	Peach crumble & cream	Apple Muffins
ALTERNATIVE DESSERT	Yoghurt or fruit	Yoghurt or Fruit	Yoghurt or Fruit	Yoghurt or Fruit	Yoghurt or Fruit

WEEK 5 w/c 29th January 18	Monday	Tuesday	Wednesday	Thursday	Friday
DISH OF THE DAY	Spaghetti Bolognese	Roast Lamb, roast potatoes & gravy	Jacket Potato <input type="checkbox"/> Jacket out of the skin <input type="checkbox"/>	Roast Turkey, roast potatoes & gravy	Cod fish fingers & chips
VEGETARIAN OPTION	Veggie spaghetti bolognese	Vegetarian sausage	Cheese & beans <input type="checkbox"/> Tuna mayo <input type="checkbox"/>	Veggie chicken portion	
VEGETABLES	Mixed Veg	3 veg options	Salad	3 veg options	Beans & spaghetti
DESSERT OF THE DAY	Fruit Crunchies	Fruit and ice-cream	Shortbread & peaches	Cake & custard	Choco Crispies
ALTERNATIVE DESSERT	Yoghurt or Fruit	Yoghurt or Fruit	Yoghurt or Fruit	Yoghurt or Fruit	Yoghurt or Fruit

WEEK 6 w/c 5th February	Monday	Tuesday	Wednesday	Thursday	Friday
DISH OF THE DAY	Chicken Curry with rice <input type="checkbox"/> Sweet & Sour with rice <input type="checkbox"/>	Roast Beef, roast potatoes & gravy	Jacket Potato <input type="checkbox"/> Jacket out of the skin <input type="checkbox"/>	Roast Pork, roast potatoes & gravy	TD DAY
VEGETARIAN OPTION	Veggie Chicken curry <input type="checkbox"/> Veggie Sweet & sour <input type="checkbox"/>	Veggie burger	Cheese & beans <input type="checkbox"/> Tuna mayo <input type="checkbox"/>	Veggie meatballs	
VEGETABLES	Mixed vegetables	3 veg options	Salad	3 veg options	
DESSERT OF THE DAY	Eton Mess	Chocolate Cake	Fruit & Ice-cream	Doughnuts	
ALTERNATIVE DESSERT	Yoghurt or Fruit	Yoghurt or Fruit	Yoghurt or Fruit	Yoghurt or Fruit	